

Useful resources to prepare your child for school:

Playdough recipe
Letter & number formation
Colours and shapes
Nursery rhymes
Colouring sheets



No cook playdough recipe

Ingredients:

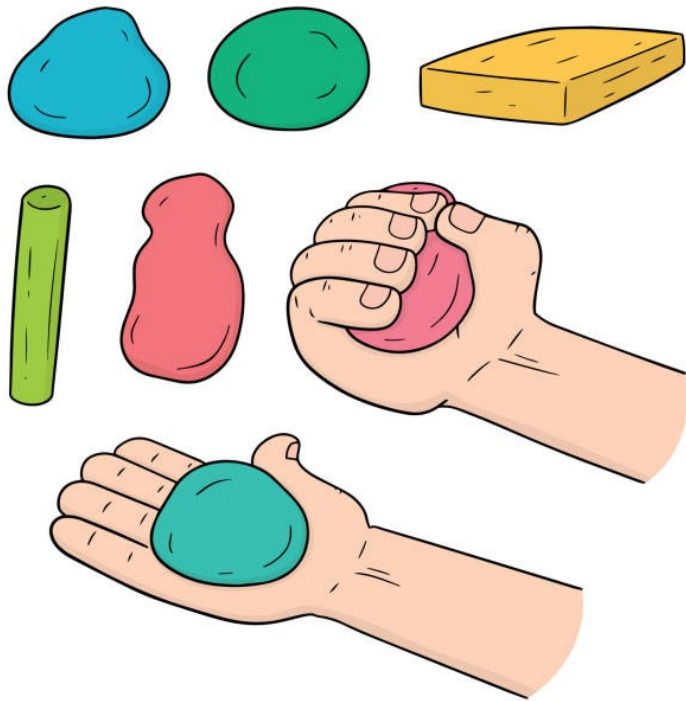
2 cups plain flour

1 cup salt

1tbsp oil

1 cup cold water

2 drops liquid food colouring



Method:

1. Mix the flour and salt together in a large mixing bowl.
 2. Add the cold water, oil and food colouring and mix together.
 3. When your ingredients are well mixed, take them out of your bowl and place your dough onto a flat surface.
 4. Knead vigorously for a few minutes, until your dough feels like playdough and all of the stickiness has gone.
- If your dough is too wet, add a little extra flour and carry on kneading.
 - If your dough is too dry, add an extra drop of cold water and carry on kneading.

Writing letters and Numbers – Visual aid

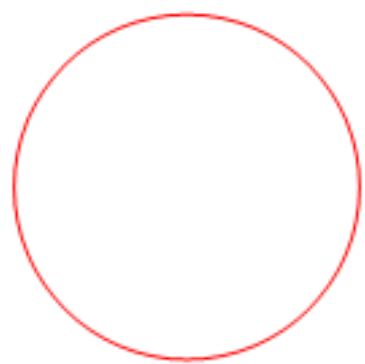
a b c d e f g h i j k

l m n o p q r s t u

v w x y z

0 1 2 3 4 5 6 7 8 9

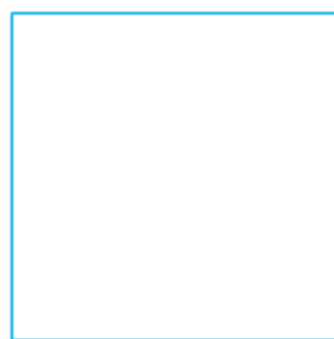
Numbers, Shapes and Colours



1



4



10

7

2

9



3

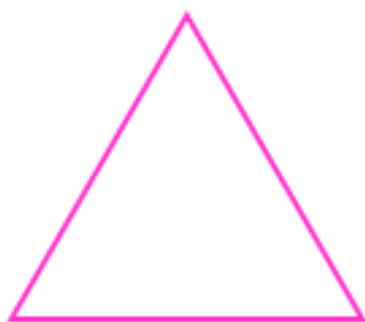
Can you colour in
the shapes and
numbers?

5

8

6

What colours did
you use?



Baa Baa Black Sheep

Baa, baa, black sheep,
Have you any wool?

"Yes sir, yes sir,
Three bags full!"

One for the Master,
And one for the Dame,
And one for the little boy,
Who lives down the lane.



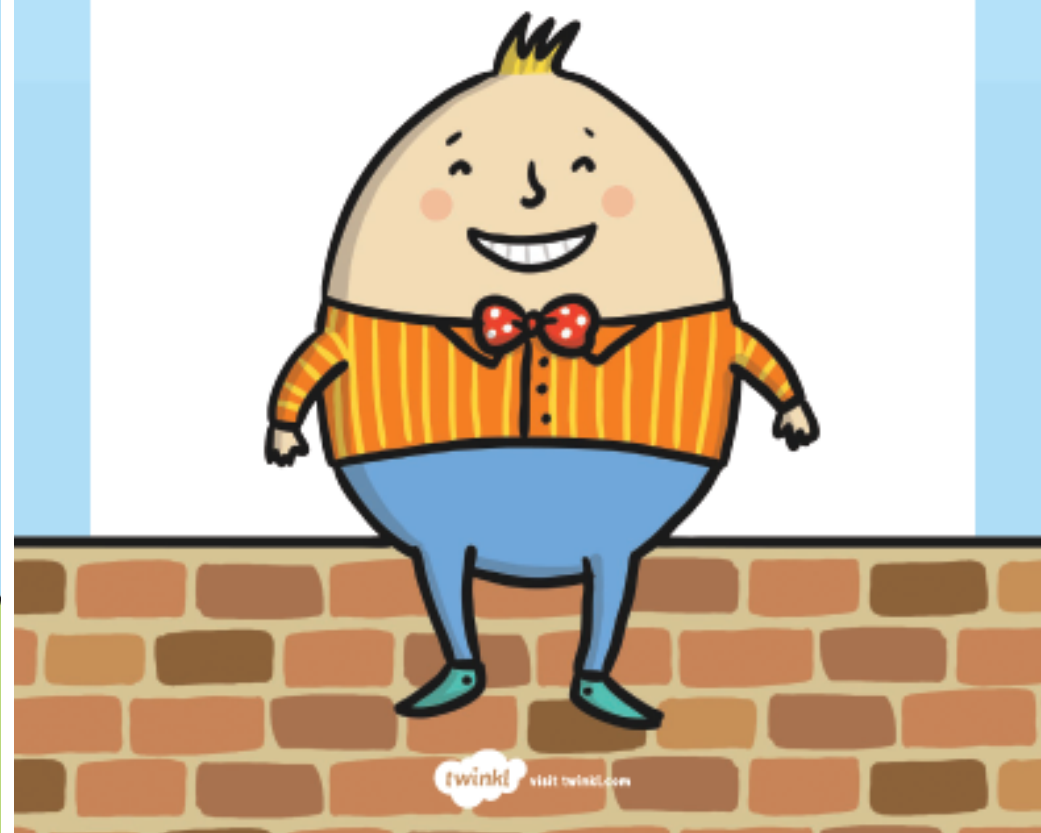
Humpty Dumpty

Humpty Dumpty sat on a wall.

Humpty Dumpty had a great fall.

All the King's horses and all the King's men...

Couldn't put Humpty together again.



Hey Diddle Diddle

Hey diddle diddle, the cat and the fiddle,
The cow jumped over the moon.
The little dog laughed to see such fun,
And the dish ran away with the spoon!



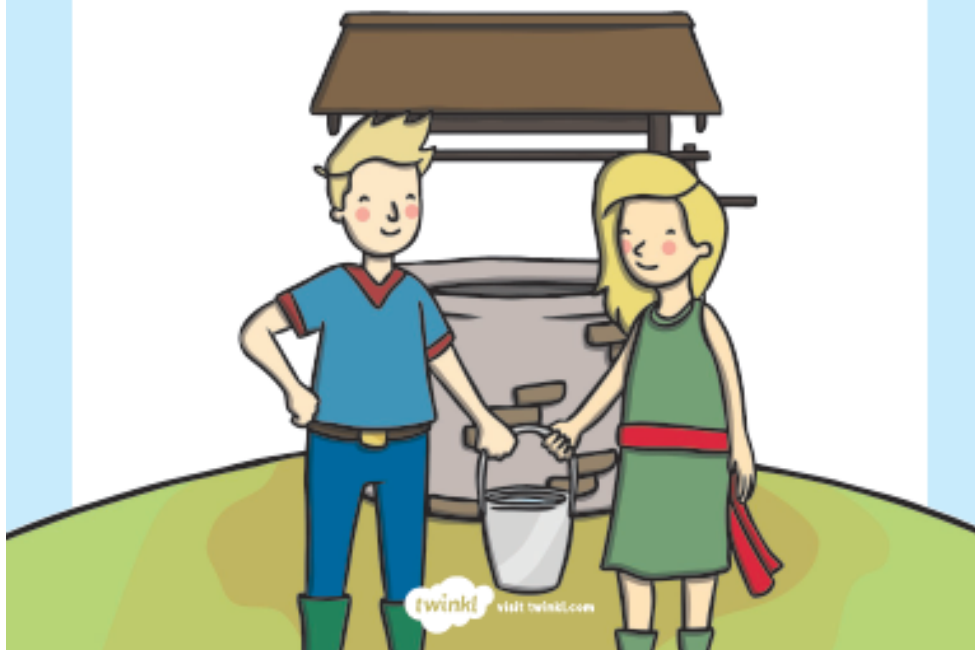
Incy Wincy Spider

Incy Wincy Spider climbed
up the water spout,
Down came the rain
and washed the spider out,
Out came the sunshine
and dried up all the rain,
So Incy Wincy Spider
climbed up the spout again.



Jack and Jill

Jack and Jill went up the hill
to fetch a pail of water.
Jack fell down and broke his crown,
and Jill came tumbling after.
Up Jack got, and home did trot,
as fast as he could caper.
He went to bed and bound his head,
with vinegar and brown paper.



Little Bo Peep

Little Bo Peep has lost her sheep,
and doesn't know where to find them.
Leave them alone and they'll come home,
wagging their tails behind them.



Mary, Mary...

Mary, Mary, quite contrary,
How does your garden grow?
With silver bells and cockle shells
and pretty maids all in a row.



Twinkle, Twinkle, Little Star

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle, little star,
How I wonder what you are.



Hickory Dickory Dock

Hickory Dickory Dock,
The mouse ran up the clock.
The clock struck one,
The mouse ran down,
Hickory Dickory Dock.



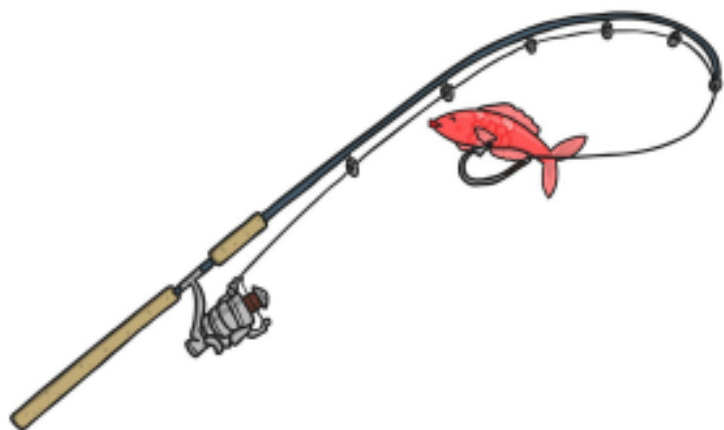
Little Miss Muffet

Little Miss Muffet, sat on a tuffet,
eating her curds and whey.
Along came a spider,
who sat down beside her,
and frightened Miss Muffet away!



1, 2, 3, 4, 5 Once I Caught A Fish Alive

One, two, three, four, five,
Once I caught a fish alive.
Six, seven, eight, nine, ten,
Then I let it go again.
Why did you let it go?
Because it bit my finger so.
Which finger did it bite?
This little finger on my right.



One, Two, Buckle My Shoe

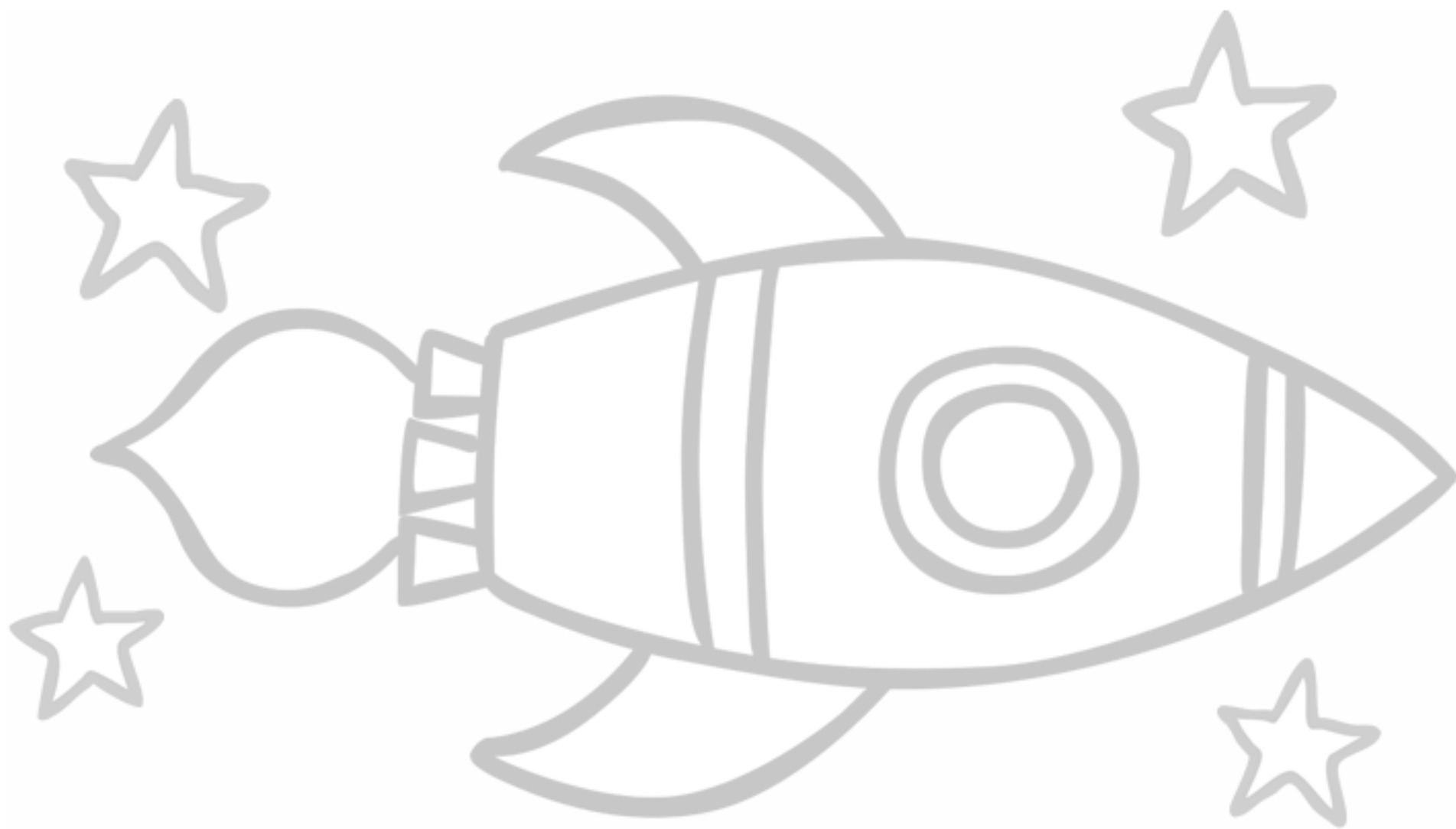


One, two, buckle my shoe...
Three, four, knock on the door...
Five, six, pick up sticks...
Seven, eight, lay them straight...
Nine, ten, a big fat hen...
Eleven, twelve, dig and delve...
Thirteen, fourteen, maids a-courting...
Fifteen, sixteen, maids in the kitchen...
Seventeen, eighteen, maids in waiting...
Nineteen, twenty, my plate's empty.



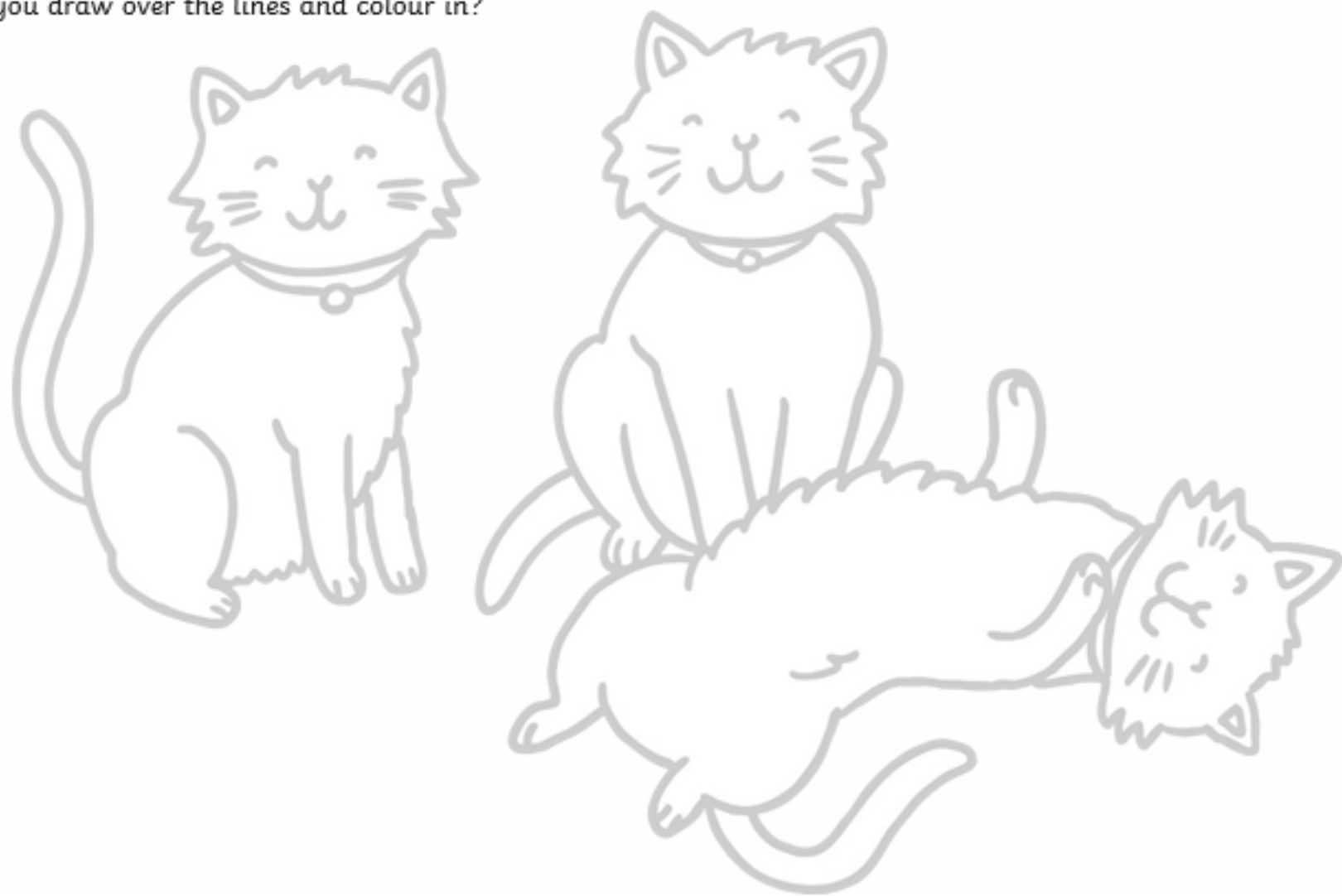
My Colouring Sheets

Can you draw over the lines and colour in?

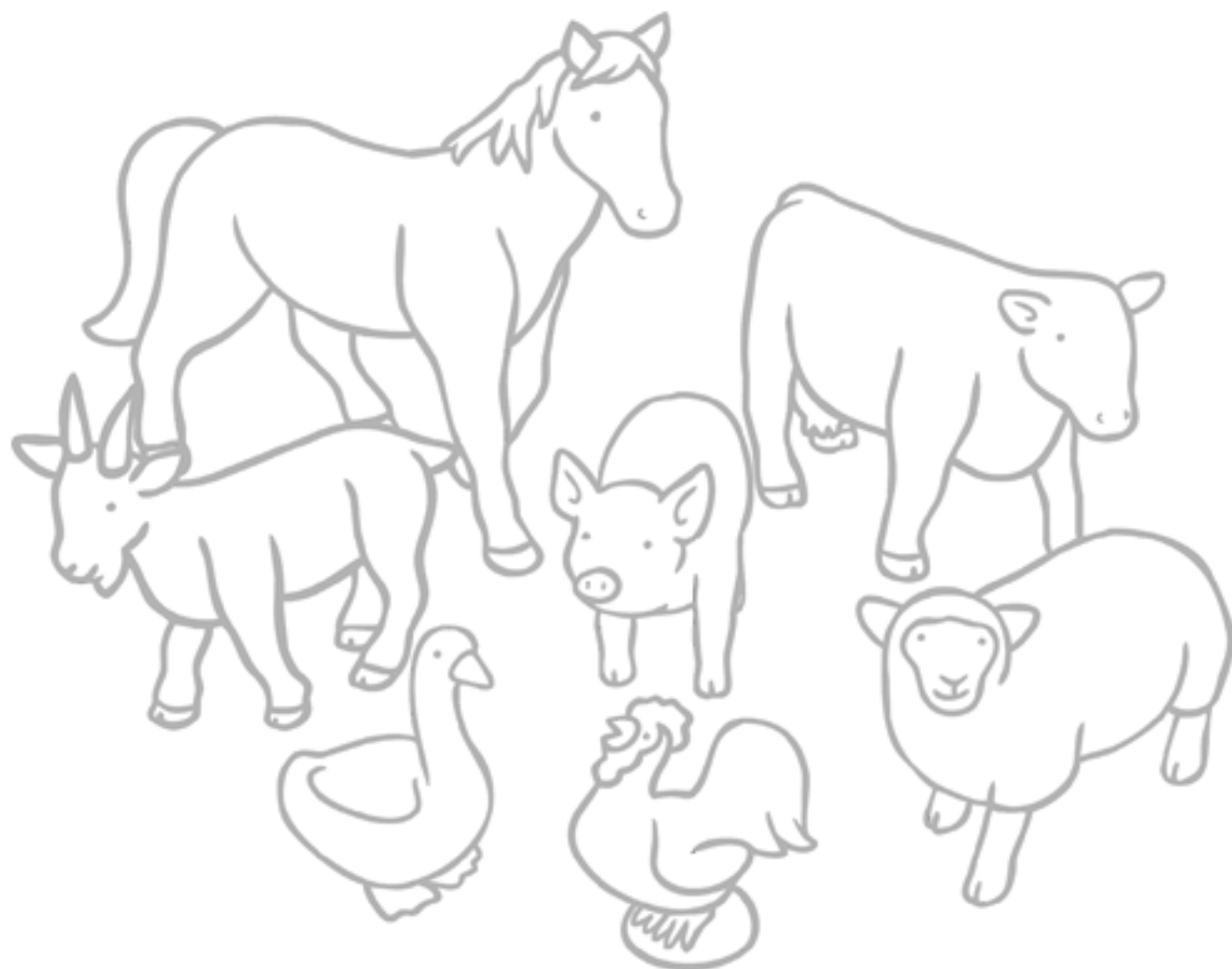


My Colouring Sheets

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My Colouring Sheets



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